

TEST

DO YOU HAVE AN AUDITORY OR VISUAL MEMORY

To memorize well, do you need to see or to listen?
To find out, circle the points corresponding to your
responses.

	Always	Often	Sometimes	Never
I care about what people will say	4	3	2	1
When I have a problem, I try to solve it right away	4	3	2	1
I need the approval of my peers	4	3	2	1
I am discouraged by failure	4	3	2	1
I look at television while doing other things	4	3	2	1
I do not like to be ordered around	4	3	2	1
I love to read love stories	4	3	2	1
I think details are important	4	3	2	1
I notice the appearance of things and people	4	3	2	1
I am not comfortable with unfamiliar situations	4	3	2	1
I always need to move around, to act	4	3	2	1
I like concrete, clear, and precise explanations	4	3	2	1
I am rather impatient	4	3	2	1
I care a great deal about how I look	4	3	2	1
I like to eat at regular hours	4	3	2	1
I worry when I think about the future	4	3	2	1
I need to feel useful	4	3	2	1
I do not react well to criticism	4	3	2	1
I am easily distracted	4	3	2	1
I spontaneously say what I am thinking	4	3	2	1